

Goofy stories for psych side effects

Atypical Antidepressants (SSRIs, SNRIs, SDRIs)

The atypical girl was heartbroken and depressed after her boyfriend left her. She couldn't eat, she couldn't sleep. She was so upset that she felt sick to her stomach all the time, causing horrible diarrhea. She was very confused about why her boyfriend would leave her, but the truth was, her boyfriend left because of her low libido...it seems she always "had a headache." She wanted to please her boyfriend, but every time she thought about sex she got nervous, felt dizzy and broke out into a sweat. Her hands would shake so bad that she couldn't even hold a glass of water and take a drink...talk about having a dry mouth!

Traditional Antidepressants (TCAs, QCAs)

A very traditional man became depressed when his dog B.C. ran away. He ran through the neighborhood, and worked up quite a sweat. His heart raced, and as he searched for his dog, he realized that for the first time in years he wasn't thinking about sex. This realization stopped him dead in his tracks, and his heart slowed. As he stood there, mouth dry and muscles twitching from the exertion, he saw B.C. trying to urinate on a fat lady's lawn. He ran to his dog and scooped him up, dizzy with happiness. He danced around the yard with graceful rhythm, until he stepped in a pile of dog poo. "BC", he exclaimed. "I thought you were constipated!" He flailed around the yard trying to get the poo off his shoe as the fat lady watched from her window. She was convinced the traditional man who was flailing about on the lawn was having a seizure or a stroke.

*B.C. = *blood cells (decrease in white and red blood cell production)*

MAOIs

My plan is to not die at the party where they serve fancy food.

- my plan = Marplan
- not die = Nardil
- party = Parnate

Benzodiazepines

Benzo the clown, like most clowns, was very tolerant of small children. Though, truth be told, they made him extremely tired. One day, he decided to stop seeing the children completely. "I'm done with this headache" he said. But once he got home he realized he missed the kids and he stayed up all night thinking about them. The next day he skipped breakfast, which made him feel dizzy, but he didn't care. He ran so fast to see the kids that he got dizzy, fell down, hit his head and had a seizure.

Atypical Antipsychotics

mnemonic for drug names: All Good Zoos Save Rare Cats

S/E: weight gain and diabetes

Rare cats
get fat.
Too much sugar
makes them huger.

Traditional Antipsychotics

Bob was a single guy who could not control his muscle-building obsession. He really wanted a girlfriend, so he decided to try some other hobbies in hopes of meeting someone with skin problems just like his. His dream girl wasn't the typical type. He liked them big and he liked them diabetic! So, he went to a few speed-dating meetings, but they only made him restless, even when they played shuffle board. His favorite activities were poker (he has a great poker face), and limbo (his stopped posture made him a natural). After weeks of speed-dating, he finally met a girl at the Tardive, a dive bar near his house. The sad part of this tale is that she had neuroleptic malignant syndrome and died on their wedding night. Bob eventually wrote a screen play about the romance and is now back to contracting his muscles.

Lithium

The fairy princess Lithium was the fairest, most delicate princess in all the land. One day she dared to argue with her future mother-in-law, the great Queen Eskalith. In retaliation, the queen cursed the princess, causing her to have an uncontrollable weakness for ice cream. In just a few weeks she gained a ton of weight. As a result, she just lied around all day feeling constantly tired. One day, her fiance Prince Thyroid came for a visit and saw her in this enlarged state. It made him nauseous to look at her. His hand tremored as he reached out to take her hand. He didn't really want to touch her, so he gave her a glass of water for her thirst instead.

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